



Great Wilbraham School Lunch Menu

Week A

	Monday	Tuesday	Wednesday	Thursday	Friday
1st Option	Pizza – Margarita (G)(MK)	Mac Cheese (MK)(G)(MU)(SO)	Broccoli and Cauliflower bake (MK)(G)	Fish Fingers (G)(F)	Chicken Milanese with Spaghetti Pomodoro (G)(MK)(E) (Breaded chicken with pasta in tomato sauce) (G)(MK)(E)
2nd Option	Spanish Omelette – made with egg, potato and onion (MK)(E)	Vegetable Stir Fry with Egg Noodles (SO)(E)	Omelette – made with egg (MK)(E)	Vegetable Risotto (MK)(G)(C)(SO)(MU)	Plant based sausage Hot Dog (G)(SO)(SD)
Side dish	Beans, Sweetcorn	Beans	Salad and Coleslaw (E)(MU)	Peas, Carrots	Chips, Beans, Peas
3rd Option	Jacket Potato with Choice of toppings, plain, beans, beans & cheese (MK), cheese (MK), Tuna Mayo (E)(MU)(F)(MK)	Pasta in a Tomato Sauce (G)	Jacket Potato with Choice of toppings, plain, beans, beans & cheese (MK), cheese (MK), Tuna Mayo (E)(MU)(F)(MK)	Cheese or Tuna wholemeal Roll (G)(MK)(F)	Jacket Potato with Choice of toppings, plain, beans, beans & cheese (MK), cheese (MK), Tuna Mayo (E)(MU)(F)
Dessert	Fruit Muffin (Banna & chocolate chip) (MK)(G)(E), Fruit, yogurt (MK)	Chocolate Brownie Biscuits(E) (G)(SO) Fruit, yogurt (MK)	Chocolate Chip Cookies (G)(SO)(E)(MK), Fruit or Yogurt (MK)	Ice Cream (MK), Fruit, yogurt (MK)	Fruit Muffin (Raspberry & White Chocolate) (G)(E) Fruit, yogurt (MK)
All Jacket Potatoes and Bread Rolls have a side salad. A slice of baguette is available to accompany the main meal.					

1.Allergen Key: Celery (C), Cereals (G), Crustaceans (CR), Egg (E), Fish (F), Lupin (L), Milk (MK), Molluscs (MS), Mustard (MU), Nuts (N), Peanuts (P), Sesame Seeds (SE), Soya (SO), Sulphur Dioxide/Sulphites (SD)