

# LUNCHTIME CQ

## Week 1

Commencing • 28th Oct • 18th Nov

• 9th Dec • 13th Jan • 3rd Feb • 2nd March • 23rd March



MEAT  
FREE



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly  
baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Menu choice  
1

Vegetable burger  
with wedges

Chicken pasta

Beef lasagne

Roast chicken with  
roast potatoes &  
gravy

Fish fingers & chips  
with tomato ketchup

Menu choice  
2



Jacket potato with  
cheese and beans

Penne pasta with  
tomato and basil  
sauce

Jacket potato with  
cheese and beans

Quorn fillet with  
roast potatoes &  
gravy

Pitta pizza

Sides

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Desserts

Chocolate brownie

Sliced fresh fruit

Fudge tart

Sliced fresh fruit

Sticky toffee  
pudding with custard

Sliced fresh fruit

Fruit cookies

Sliced fresh fruit

Marble cake

Sliced fresh fruit

Some of our food  
may contain  
allergens. Please  
ask our  
chef for advice.

**Our mission** is to make your lunchtime meal the highlight of *your* day.



# LUNCHTIME CO.

## Week 2

Commencing • 4th Nov • 25th Nov

• 16th Dec • 20th Jan • 10th Feb • 9th March • 30th March



**MEAT FREE**

Monday

Tuesday

Wednesday

Thursday

Friday

*Freshly baked bread*

Freshly baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

*Menu choice*  
**1**

Cheese and tomato pizza

Sausage & mash

Meatballs with pasta

Roast chicken, roast potatoes, Yorkshire pudding & gravy

Fish fingers & chips with tomato ketchup

*Menu choice*  
**2**

Jacket potato with cheese and beans

Jacket potato with tuna mayo

Quorn balls with pasta

Quorn fillet, roast potatoes, Yorkshire pudding & gravy

Cauliflower & pasta cheesy bake



*Sides*

Seasonal vegetables  
Selection of salads

Seasonal vegetables  
Selection of salads

Seasonal vegetables  
Selection of salads

Seasonal vegetables  
Selection of salads

Seasonal vegetables  
Selection of salads

*Desserts*

Apple muffin

Sliced fresh fruit

Flapjack

Sliced fresh fruit

Chocolate sponge cake with chocolate sauce

Sliced fresh fruit

Cappuccino cake

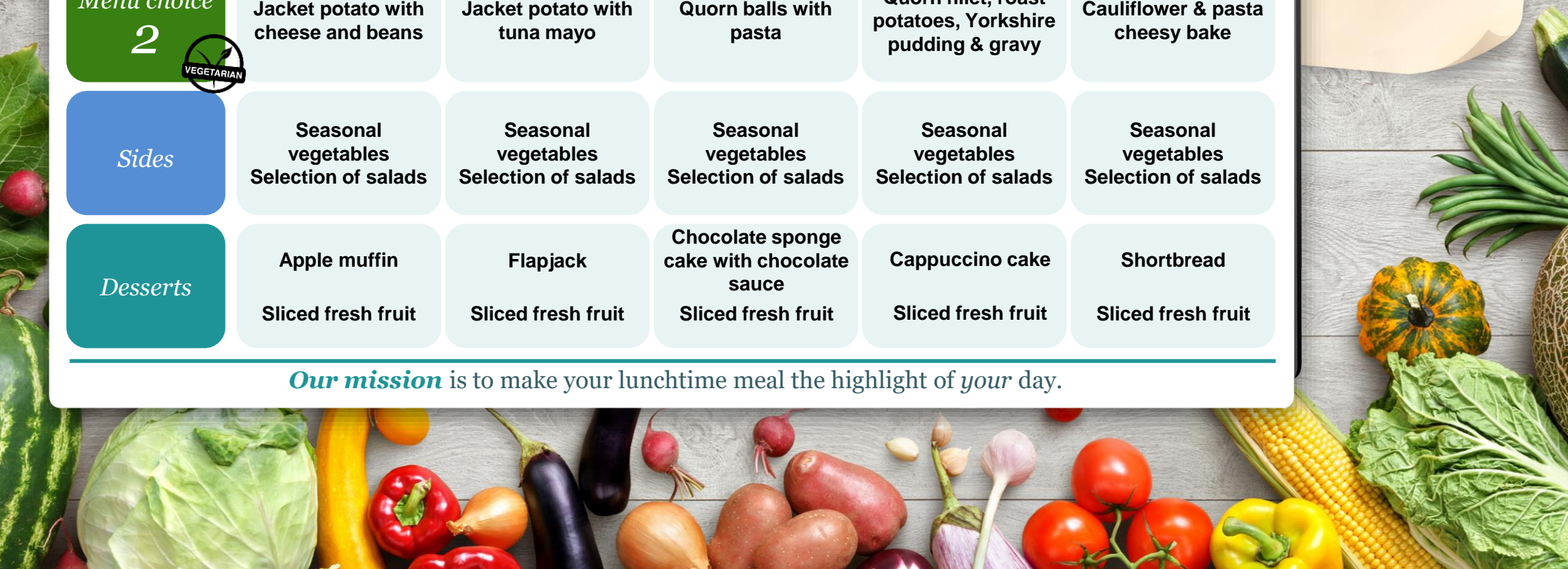
Sliced fresh fruit

Shortbread

Sliced fresh fruit

*Some of our food may contain allergens. Please ask our chef for advice.*

**Our mission** is to make your lunchtime meal the highlight of *your* day.





# LUNCHTIME CO

## Week 3

Commencing • 11th Nov • 2nd Dec

• 6th Jan • 27th Jan • 24th Feb • 16th March



MEAT  
FREE



Monday

Tuesday

Wednesday

Thursday

Friday

Freshly  
baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Freshly baked bread

Menu choice  
1

Macaroni cheese

Chicken korma  
with rice & peas

Beef burger &  
potato wedges

Roast chicken, roast  
potatoes & gravy

Fish fingers & chips  
with tomato ketchup

Menu choice  
2

Jacket potato with  
toppings, cheese,  
beans, tuna mayo,  
coleslaw

Vegetable lasagne

Jacket potato with  
cheese and beans

Quorn fillet with  
roast potatoes &  
gravy

Vegetable pitta  
bread pizza



Sides

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Seasonal  
vegetables  
Selection of salads

Desserts

Iced vanilla sponge

Sliced fresh fruit

Chocolate cookies

Sliced fresh fruit

Jam sponge &  
custard

Sliced fresh fruit

Ice cream

Sliced fresh fruit

Gingerbread man

Sliced fresh fruit

Some of our food  
may contain  
allergens. Please  
ask our  
chef for advice.

**Our mission** is to make your lunchtime meal the highlight of *your* day.

