## LUNCHTIME CO

#### Week 1

Commencing • 22nd April • 13th May • 10th June • 1st Jul • 22nd July • 2nd Sep • 23rd Sep • 14th Oct



MEAT FREE	<b>™</b> Monday	Tuesday	Wednesday	Thursday	Friday
Freshly baked bread	Freshly baked bread	Freshly baked bread	Freshly baked bread	Freshly baked bread	Freshly baked bread
Menu choice  1	Cheese & tomato pizza	Meatballs in tomato & basil sauce with rice	Beef lasagne with salad	Roast chicken with roast potatoes	Fish fingers & chips with garden peas
Menu choice 2	Vegetable chilli Taco with potato wedges	Quorn balls in tomato & basil sauce with rice	Jacket potato with cheese & beans	Quorn fillet with roast potatoes	Jacket potato with cheese & beans
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Pancake & sauce Sliced fresh fruit	Fruit flapjack Sliced fresh fruit	Cappuccino cake Sliced fresh fruit	Oat and fruit slice Sliced fresh fruit	Fruit jelly Sliced fresh fruit

*Our mission* is to make your lunchtime meal the highlight of *your* day.

Some of our food may contain allergens. Please ask our chef for advice.

## LUNCHTIME CO

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#### Week 2

Commencing • 29th April • 20th May • 17th June • 8th Jul • 22nd July • 9th Sep • 30th Sep

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W W W W W MEAT FREE	Monday	wwwwwww Tuesday	www.www	wwwwwwwww Thursday	wwwwwww
Freshly baked bread	Freshly baked bread	Freshly baked bread	Freshly baked bread	Freshly baked bread	Freshly baked bread
Menu choice  1	Macaroni cheese	Sausage & mash	Chicken burger in a bun with baked beans	Roast chicken with roast potatoes and stuffing	Fish fingers & chips with garden peas
Menu choice 2	Cheese and tomato quiche with salad & coleslaw	Bean and vegetable in tomato and herb sauce bake	Jacket potato with tuna mayo & cheese	Quorn fillet with roast potatoes	Roasted pepper & cheese pitta pizza & chips with garden peas
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Lemon drizzle cake Sliced fresh fruit	Ice cream Sliced fresh fruit	Apple pie & custard Sliced fresh fruit	Chocolate mousse Sliced fresh fruit	Carrot cake Sliced fresh fruit
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# LUNCHTIME CO

### Week 3

Commencing • 6th May • 3rd June • 24th June • 15th Jul • 16th Sep • 7th Oct

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Freshly baked bread	Freshly baked bread	Tuesday  Freshly baked bread	Wednesday  Freshly baked bread	Thursday  Freshly baked bread	Freshly baked bread
Menu choice 1	Vegetable lasagne with salad	Beef bolognaise with pasta	Salmon pasta bake	Roast chicken with roast potatoes and Yorkshire pudding	Fish fingers & chips with garden peas
Menu choice 2	Cheese swirls	Vegetable bolognaise with pasta	Jacket potato with cheese and beans	Quorn fillet with roast potatoes	Vegetable pitta bread pizza with chips
Sides	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads	Seasonal vegetables Selection of salads
Desserts	Chocolate Brownie Sliced fresh fruit	Strawberry mousse Sliced fresh fruit	Fudge tart Sliced fresh fruit	Mixed fruit cheesecake Sliced fresh fruit	Orange & lemon sponge Sliced fresh fruit

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